

Back to the roots

Program

Sept. 14th, 2023

Time	Title	Speaker
4:00pm	Registration opens	
5:00pm	Opening: <i>Health and wellbeing: What's FDM got to do with it?</i>	Lukas Trimmel M.D.
5:45pm	<i>To treat or not to treat. A brief History of Healing.</i>	Gerd Reuther, M.D.
6:30pm	<i>Tectonic Fixation (TF) – the sixth distortion? Or the cause of all problems? (WORKSHOP)</i>	Markus Nagel, MSc
7:15pm	<i>Back to the Roots: Dr. Typaldos in His Own Words.</i>	Byron Perkins D.O.
7:45pm	GET-TOGETHER (with dinner)	

Sept. 15th, 2023

Time	Title	Speaker
8:00am	Registration opens	
8:30am	<i>The FDM from a philosophical point of view.</i>	Eugen Maria Schulak, PhD
9:15am	<i>Why it is reasonable to believe in fascial distortions – Typaldos and his early convictions.</i>	Markus Nagel, MSc
9:45am	<i>Techniques for deep CDs in the knee. (WORKSHOP)</i>	Matt Booth, PT, DPT
10:45am	BREAK	
11:15am	<i>From roots to branches. Why are there 7 branches in the FDM logo?</i>	Todd Capistrant, D.O
12:00am	<i>FDM – A perspective on anatomy.</i>	Stefan Anker MSc., D.O.
12:30pm	<i>To Find the Pathway Through a Treatment Across the Roots.</i>	Markus Breinessl, M.D.
1:00pm	LUNCH	
2:00pm	<i>Verification of the Efficacy of AACD in Ankle Sprain: A Data-Based Study. (online - live stream with Japan)</i>	Ryohei Miura
2:45pm	<i>The enthesis organ as the anatomical basis for the continuum distortion.</i>	Klaas Stechmann M.Sc.
3:15pm	<i>The practitioner as patient. (WORKSHOP)</i>	interactive
4:00pm	BREAK	

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Time	Title	Speaker
4:30pm	<i>Using the Fascial Distortion Model to Treat Acute Clavicle Fracture.</i>	Piotr Rybacki, Msc.
4:50pm	<i>Effectiveness of manual therapy based on the fascial distortion model on functional muscle strength, static balance and disability in adolescent patients with an ankle sprain: a quantitative, longitudinal pilot study.</i>	Attila Kollarics, BSc.
5:10pm	<i>Investigating the Combined Effects of Fascial Distortion Model (FDM) Manual Therapy And Balance-Strength Training in Individuals With Chronic Ankle Instability.</i>	Amin Mohammadi, Bsc.
5:30pm	Questions	
5:45pm	HONOUR	
6:00pm	<i>What WE have learned from our patients.</i>	interactive
6:30pm	<i>Set No Limits!</i>	Georg Harrer, M.D.
7:30pm	Dinner & Party	

Sept. 16th, 2023

9:00am	OUTDOOR: Walking, talking & fascial fitness (with family & friends, net walking time approx. 2 hours, Meeting point Schloss Goldegg)	Beatrix Baumgartner MSPhT
1:00pm	CLOSING (Schloss Goldegg)	