

MARTINA NILKENS

EFDMA SECRETARY



other areas of responsibility

- FDM Connect
- Communication

BIOGRAPHY

- born 1963 in Berlin
- 4 adult children
- live in Holzmaden near Stuttgart
- Physiotherapist since 1986
- FDM therapist since 2014, FDM IC since 2016
- self employed southwest of Stuttgart

PERSONAL

Since my first FDM course in Zurich, I have been working exclusively according to this model and I am enthusiastic about the simplicity and the fascinating way of thinking and the uniqueness of FDM. It's incredibly fun to see an above-average number of patients going home with a positive attitude.

MOTIVATION FOR THE BOARD WORK

I would like to contribute to EFDMA's goal of making it possible for everyone in Europe to receive FDM treatment. We need to join forces to do this and I want to be there with my skills. It is a lot of fun to be connected with other colleagues on the board who are enthusiastic about FDM.

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