

30 Years of Triggerband - an interactive anniversary

Program

Sept. 16th, 2021

Time	Title	Speaker
5:00 PM	Why are we here?	Lukas Trimmel M.D.
5:30 PM	The Triggerband - a time travel with distortions	Georg Harrer M.D.
6:15 PM	Philosophy versus Physiology - an analytical discussion with the phenomenon „Triggerband“	Markus Nagel MSc

7:00 PM Afterwards dinner & exchange together

Sept. 17th, 2021

Introduction

9:00 AM	When is a Triggerband a Triggerband?	Joachim Stolz MSc.
---------	--------------------------------------	--------------------

Interactive Workshop on:

	Bodylanguage
9:30 AM	Triggerband for eyes & ears Stefan Anker MSc.
10:20 AM	Coffee break
	Case history
10:30 AM	Triggerband detectives "Triggerband wording, causes & other stories"
	Clinical checkup
11:30 AM	What about testing? "The 5 W's of testing"
12:30 PM	Lunch break
	Clinical reasoning
1:30 PM	Who finds the right pathway? Real cases

Each with interactive part in groups and then a summary of the results

Case report contest

2:30 PM	Treatment of complex leg related discomfort with the FDM	Christian Bangerter PT, MSc & Roman Boss PT, MSc
2:50 PM	Therapy of a complex ankle fracture with the FDM	Julian Lehman & Marcus Rohrbach
3:10 PM	Alternative treatment of FDM-manual therapy resistant lumbar HTTP's.	Thomas Scholl M.D.
3:30 PM	Honour	

3:45 PM	Coffee break
---------	--------------

Triggerband Therapy

4:15 PM	TB-Therapy on infants	Johanna Rettenbacher M.D.
4:35 PM	Triggerband hopping	Joachim Stolz MSc.

FAQ Triggerband

5:00 PM	Processing of the submitted questions
---------	---------------------------------------

Philosophical

5:15 PM	What is a Triggerband?
---------	------------------------

Closing

6:00 PM	30 Years of Triggerband a personal review and a prospect	Christoph Rossmly D.O.
6:30 PM	Closing words	Lukas Trimmel M.D.
6:45 PM	End	

7:45 PM	Party "30 Years of Triggerband"
---------	---------------------------------

Sept. 18th, 2021

10:30 AM	Hike	Hike with family & friends, stations to the Triggerband (net walking time approx. 2 hours, Meeting point Krainerhütte)
~ 04:00 PM	Closing at Krainerhütte	

We reserve the right to make changes to times, topics, titles and speakers